

2016 Value-Added Benefits Quick Reference Guide for Adults, Long-Term Care and Waiver Members  
 The following guide provides information on valued added benefits in 2016 for UnitedHealthcare Community Plan.

<b>Key for acronyms used in this QRG</b>	Community Developmental Disability Organization - <b>CDDO</b> Frail Elderly – <b>FE</b> Physically Disabled – <b>PD</b> Intellectual/Developmentally Disabled – <b>I/DD</b> Serious Mental Illness – <b>SMI</b> Technology Assisted – <b>TA</b> Traumatic brain injury – <b>TBI</b> Work Opportunity Reward Kansans – <b>WORK</b>
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### Value-Added Benefits for All Members

Value-Added Benefit	Description
<b>Community Rewards Program</b>	Members who enroll can earn points for annual well visits and healthy activities. Just by registering, members earn 500 points. Members can then use the points they earn to get rewards for toys, games, electronics and more. To learn more, go to <a href="http://UHCCommunityRewards.com/KS">UHCCommunityRewards.com/KS</a> .
<b>myUHC.com</b>	Online tools for members or those responsible for managing their health. Access to health history, tips for working with their doctor, tracking doctor visits, a live “Nurse Chat” option and much more.

### All Adults

Value-Added Benefit	Description
<b>Annual Dental Exam</b>	Any member 21 and older can visit a participating dental provider once a year for a screening, X-ray and cleaning.
<b>Free Weight Watchers Classes</b>	Adults can get a three-month membership to attend local meetings to help them lose weight. Members who attend all meetings during the three-month timeframe will earn points through the Community Rewards Program.
<b>Health4Me Mobile Application</b>	Members can download the app to their smartphone to help them manage their health.
<b>Podiatry Visits</b>	Members 21 and older can get up to two podiatry visits annually.
<b>Vision</b>	Members are eligible for upgraded or replacement prescription eyeglass lenses every 12 months.

## Members with Diabetes

Value-Added Benefit	Description
<b>Annual Cholesterol (A1C) Check and Vision Exam</b>	Member with diabetes can earn Community Reward points by logging their annual cholesterol check (A1C) and vision exam. Go to <a href="http://UHCCommunityRewards.com/KS">UHCCommunityRewards.com/KS</a> to log these annual health visits.

## Members on Waiver Programs

Value-Added Benefit	Description
<b>Adult Briefs</b>	FE and PD members can receive up to two boxes of 80 adult briefs (160 briefs in total) in the size of their choice to assist with their everyday comfort. The member's care coordinator completes the order form which is sent to UnitedHealthcare Community Plan. We will order the briefs on the member's behalf and have them sent directly to their residence.
<b>Adult Parks and Recreation Catalog Offering</b>	Adult members who are FE, PD, or SMI Health Home members can get access to one activity per member per year with their selected local Parks and Recreation Department. This benefit covers up to \$50 per member to participate in local activities.
<b>Assistance with SafeLink Cell Phone Program</b>	Our member advocates help members who qualify with signing up for free cell phones through SafeLink. This benefit includes up to 250 minutes of service each month.
<b>Dentures</b>	FE members may be eligible to receive one full set of dentures every five years at no cost. Members work with their care coordinators to arrange for the service.
<b>Home Helper Catalog</b>	PD and FE members can select one product from a catalog of items per year that helps with home safety or home assistance. The member's care works with the member to help them select and order the item. The selected item is sent to the member's home.
<b>Pest Control</b>	HCBS members who own their own home are eligible for up to two services a year. The member's care coordinator must assess the situation and arrange for the pest control service.
<b>Transportation to Job Related Activities</b>	PD, TBI, I/DD Waiver members, Kansas residents under WORK as well as some members with behavioral health needs are eligible for six one-way or three round trip rides to work or job interview. Members can call Logisticare at 877-796-5847 at least three days in advance, to set up a ride.

## Members with Behavioral Health Needs

Value Added Benefit	Description
<b>Mental Health First Aid</b>	Mental health first aid is an interactive course designed to mimic standard first aid training. It teaches the general public how to identify, understand, and respond to signs of mental illness and substance use issues. Those who take the 12-hour course to certify as Mental Health First Aiders learn a five-step action plan encompassing the skills, resources and knowledge to help an individual in crisis connect with appropriate professional, peer, social and self-help care.
<b>Peer Coaches Program</b>	The program connects peers in recovery with members using inpatient services to assist them in discharge planning and help prevent readmissions. The goal of program is to reduce hospital readmission. Members should contact Member Services to learn more about the program.
<b>Wellness Reward for Follow-up After Hospitalization</b>	Members 7 or older who have had an acute behavioral health inpatient hospitalization can earn a \$25 gift card if they attend an aftercare appointment, whether it is an outpatient visit, encounter or partial hospitalization, with a mental health practitioner within seven days after discharge. The member can obtain the Wellness Reward card at UHCCommunityPlan.com > Select Kansas > For Member > Benefits and Features. Scroll to Behavioral Health. Or members can call Member Services or ask for one at their care provider's office. The care provider needs to sign and date the Wellness Reward card, which the member mails to us to receive their gift card.

## Members with Intellectual and Development Disabilities

Value Added Benefit	Description
<b>Respite Care</b>	Up to 40 hours of respite care is available for I/DD Waiver members living in a family home. The member's care coordinator assists them with accessing the respite services using a current I/DD respite provider. The member must have a direct service worker, and either personal care attendant services or supported home care. The service does not need to be approved by the CDDO.
<b>Transportation to Job Related Activities</b>	PD, TBI, I/DD Waiver members, Kansas residents under WORK as well as some members with behavioral health needs are eligible for six one-way or three round trip rides to work or job interviews. Member can call Logisticare at 877-796-5847 at least three days in advance, to set up a ride.

## Kids Age 3 to 19, and Moms and Babies

Value-Added Benefit	Description
<b>SafeLink Cell Phone Assistance</b>	Our member advocates help members who qualify with signing up for free cell phones through SafeLink. This benefit includes up to 250 minutes of service each month.

## Kids Age 3 to 19

Value Added Benefit	Description
<b>A is for Asthma Newsletter</b>	Children ages 1 to 4 will receive the A is for Asthma newsletter with tips on managing their condition, presented by Sesame Street characters.
<b>Sesame Street Food for Thought</b>	Families with children ages 2 to 8 can participate in this interactive program at designated locations throughout Kansas several times during the year. A Sesame Street character participates in the program to teach families how to eat healthy while staying on a budget.
<b>Youth Organization Activities</b>	Members up to age 18 will be able to get access to youth programs located throughout Kansas such as 4-H, Boys and Girls Clubs, the YMCA and participating Parks and Recreation Offices. Call Member Services to get the form to take to the location.

## Moms and Babies

Value-Added Benefit	Description
<b>Baby Blocks</b>	Members can earn great rewards with Baby Blocks™. Join Baby Blocks and get a \$20 gift card or diaper bag. If a member stays with the program until her baby is 15 months, she can earn up to eight rewards. <b>Members register at <a href="http://uhcbabyblocks.com">uhcbabyblocks.com</a>.</b>
<b>Community Baby Showers</b>	UnitedHealthcare Community Plan sponsors community events for pregnant and new moms to learn about health and wellness for themselves and their babies. Events are held at various locations statewide. Members can call Member Services for details.
<b>Infant Care Book for Pregnant Women</b>	Each pregnant member will receive the “Baby Basics” book.