

MOTIVATIONAL INTERVIEWING (MI):
Client Engagement and Behavior Change
A MI SKILL-BUILDING TRAINING



☐ **2 DAY MI PROFESSIONAL TRAINING**

Dates: Tuesday, July 17th & Wednesday, July 18th, 2018

Cost: Early Registration **\$185** by June 31st, 2018

Late Registration after June 31st, 2018, \$205

Time: Registration 8:30am-9:00am, Session Starts 9:00am – Ends 4:00pm

☐ **Student Rate: 2 DAY MI TRAINING**

Cost: Early Registration \$95 **by June 31st, 2018**

Late Registration after June 31st, 2018; \$125

Time: Registration 8:30am-9:00am, Session Starts 9:00am – Ends 4:00pm

☐ *Registering early (class fills up fast)*

Fee includes mid-morning refreshments and course materials. Cancellation fee \$35.

Location: Butler County Community College, 5000 Building, Room: Grizzly, 715 E. 13th St., Andover, KS 67002
(Class located in the Student Union building in the middle of the complex on the east side of the building)

Presenters: Steve Denny, LCSW, LCAC under the sponsorship of Bridgette G. Franklin, M.A. & Certified MINT Trainer

Bridgette Franklin is a members of MINT (Motivational Interviewing Network of Trainers) – International Trainers have successfully completed the only authorized MI Training-New-Trainers and have participated in substantial trainings conducted by authors Dr. Miller, Dr. Rollnick and/or Dr. Terri Moyer (Motivational Interviewing Treatment Integrity Coding) including training on the changes in the new MI3 Book. In addition, Bridgette Franklin has trained MI trainers across Kansas and mentored several who have become MINT trainer level trainers. In 2016, Bridgette Franklin was one of ten individuals from across the U.S and Puerto Rico selected to participate in the first Motivational Interviewing in a Group Setting Training for New Trainers at UCLA.

Steve Denny has worked professionally in the field Behavioral health since 2002 and been employed by Four County Mental Health Center since 2005. He currently serves as director of clinical services, which includes oversight of general outpatient services, crisis services, and substance abuse services. He has supervised special projects serving targeted populations in geriatric mental health, early childhood mental health services, at risk dual diagnosis populations, and served on multiple community and State organizations. Steve currently serves as the Chair of The Kansas Association of Addiction Professionals and is involved in several State initiatives to improve Substance Use Disorder and Co-Occurring treatment in Kansas.

Training Certificates provided: 14 Training hours (2-day training); We reserve the right to cancel this training.

Motivational Interviewing 2-day training:

Theory, Practice and Skill Building in the Miller/Rollnick Model of Motivational Interviewing will be the focus of this training; Includes *New* topics from MI-3 book. Motivational Interviewing provides evidence-based strategies and skills for working with many forms of behavior change including: Diabetes Management, Mental Health concerns, Chemical Dependency, Primary Health Care; Medication adherence, Criminal Justice, Intake Workers, Homeless Services, Domestic Violence, Employee Assistance Programs, Human Resource Professionals, training will address both adult and adolescent populations.

- Understand Motivational Interviewing (MI) theory, concepts and philosophies.
- Understand the contrasts between traditional interventions and Motivational Interviewing strategies and interventions – Includes the spirit of MI.
- Learn to measure client' readiness level, Confidence level and Motivation level to make changes.

- *New!* Learn the four processes of MI, related strategies and interventions.
- *New!* Learn how to use Emotional Intelligence competencies and MI to create Therapeutic Rapport with the clients being served.
- Learn the Key Elements of Motivational Interviewing:
- Acquire Intervention and Communication Skills Utilizing Motivational Interviewing Five Strategies and Techniques “OARS;” Including empathy/reflective listening, change talk & skill building practice in each strategy.
- Learn to develop Agenda Setting to create a structured office visit and collaborative Case Plan.
- Learn Brief Intervention Strategies, “MI on the fly”
- Learn and Practice Strategies to deal with Discord vs Resistance.
- *New! (Trainers)* Understand how the Motivational Interviewing Treatment Integrity (MITI) scale is used to determine MI adherent interventions and MI competency.
- *New! (Trainers)* Quality Assurance for MI adherence.
- *New! (Trainers)* administering the VASE-R (*Video Assessment of Simulated Encounter - Revised*) to assess staff basic understanding of motivational interviewing.
- Courses include lecture, live demonstrations (Real Play), experiential practice, and video demonstrations.
Take away: Communication Tools to use immediately.

Who should attend this training? All Service Providers: Primary Health Care; Physicians, WIC/Health Department employees, Nursing staff, Physical Therapist, Personal Trainers, Police Officers, Administrators and Educators for Mental Health, Substance Abuse, Marriage/Family Therapist, Children's Home employees, Homeless Outreach, Criminal Justice; Law Enforcement Officers/Parole or Probation Officers, Mentors/Coaches, Office Staff/Receptionist (1st point of client contact), Intake Workers, Domestic Violence staff, Employee Assistance Staff, Vocational Rehabilitation, Gambling Counselors, Weight Change Management. MI significantly benefits all helping professionals. New trainers will be able to provide training in their program to ensure their staff maintain fidelity of the evidenced-based Motivational Interviewing model.

REGISTRATION FORM: MOTIVATIONAL INTERVIEWING SEMINAR

Mail Registration and check /Money Order to Four County Mental Health Center, Inc: ATTN STEVE DENY; P.O. Box 688, Independence, KS 67301; Email: sdenny@fourcounty.com a confirmation email will be sent once payment is received. (Cash payments will be accepted at the door, either mail registration or email your name, phone number and number of participants to reserve your seat) **Debit/Credit Card payments** can be paid through **PayPal** using the following email address: **franklinbiz@msn.com**

NAME _____ Agency: _____

ADDRESS _____

Work Telephone: _____ Cell _____

E-mail: _____

Staff attending at \$185/Late \$205 per staff -\$ _____ total enclosed

Student Rate \$95/Late \$125-\$ _____ total enclosed

Pay to the order of: Four County Mental Health Center, Inc.

Print other participant's names (or use separate form for each):

HOTEL RESERVATIONS:

[Holiday Inn Express & Suites East Wichita I-35 Andover](#); 600 South Allen Street, Andover, Kansas 67002;
Phone: 1 888 465 4329

Days Inn Andover, 222 W Hwy 54, Andover, KS 67002, Phone: 1-316-733-8881, (Other hotel locations in east Wichita)